

FULL SCORE

Symphonic Band

Grade 5



CARL FISCHER

PERFORMANCE

SERIES

# Setting Sail

*(Freedom of the Spirit)*

Carl Strommen

SPS54

## INSTRUMENTATION

Full Score	1
Piccolo	1
Flute 1	4
Flute 2	4
Oboe	2
Clarinet 1 in B $\flat$	4
Clarinet 2 in B $\flat$	4
Clarinet 3 in B $\flat$	4
Bass Clarinet in B $\flat$	2
Bassoon	2
Alto Saxophone 1 in E $\flat$	2
Alto Saxophone 2 in E $\flat$	2
Tenor Saxophone in B $\flat$	2
Baritone Saxophone in E $\flat$	2
Trumpet 1 in B $\flat$	3
Trumpet 2 in B $\flat$	3
Trumpet 3 in B $\flat$	3
Horn 1 in F	2
Horn 2 in F	2
Horn 3 in F	2
Horn 4 in F	2
Trombone 1	3
Trombone 2	3
Trombone 3	3
Euphonium T.C. in B $\flat$	2
Euphonium B.C.	3
Tuba	4
String Bass	1
Mallet Percussion	5
Vibraphone, Bells, Xylophone, Chimes, Marimba	
Timpani	1
Percussion 1	3
Snare Drum, Bass Drum, Tom-toms (3)	
Percussion 2	4
Suspended Cymbal, Hi-Hat, Shaker, Triangle	

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Composed to commemorate the 50th Anniversary of the  
C.W. Post Campus of Long Island University (1954 - 2004),  
Dr. James McRoy, Director

## About the Composition

C.W. Post College was founded by Long Island University in 1954 to accommodate the educational needs of World War II veterans living in Nassau County, NY. Located on Long Island's famed Gold Coast on the former Brookville estate of cereal heiress and socialite, Majorie Merriweather Post, the campus was named for Mrs. Post's father, the founder of the Post Cereal Company.

Originally written for Wind Ensemble and Choir (in the key of C), *Setting Sail: Freedom of the Spirit* (here in B $\flat$ ) was inspired by the poetry of Walt Whitman and is a metaphor for the waters and beauty surrounding Long Island.

## Performance Notes

Musicality is of the utmost in the performance of *Setting Sail*. Since the original arrangement included choir, attention to the qualities that make for a musical choral performance should be translated to this instrumental setting. - the pacing of crescendos and decrescendos, releases, particularly following the end of a sustained note. During the slower sections of the piece, try to achieve a beautiful connectedness of the musical line, especially in the brass parts. The tempo of the  $\frac{6}{8}$  section should have a light, dance-like feel. Notes by Dr. James McRoy

# Setting Sail

(Freedom of the Spirit)

CARL STROMMEN

Broadly, with expression ♩ = 63

Piccolo

Flute

Oboe

Clarinet in B♭

Bass Clarinet  
in B♭

Bassoon

Alto  
Saxophone in E♭Tenor  
Saxophone in B♭Baritone  
Saxophone in E♭

Trumpet in B♭

Horn 1, 2

Horn 3, 4

Trombone

Euphonium

Tuba

String Bass

Mallet  
Percussion(Vibraphone, Bells,  
Marimba, Xylophone,  
Chimes)

Timpani

(Snare Drum,  
Bass Drum, Tom-Toms)

Percussion

(Suspended Cymbal,  
Triangle, High-Hat,  
Shaker)

1 2 3 4 5

SPS54F

12 *a tempo*

Picc.

Fl. 1 2

Ob.

Cl. 1 in B $\flat$  2 3

B. Cl. in B $\flat$

Bsn.

A. Sax. in E $\flat$  1 2

T. Sax. in B $\flat$

Bar. Sax. in E $\flat$

12 *a tempo*  
Cue: Fr. Horn

Tpt. in B $\flat$  1 2 3

Horn 1-2

Horn 3-4

Tbn. 1 2 3

Euph.

Tuba

Bass

Mall. Perc.

Timp.

Perc. 1 2

SPS54F

12 13 14 15 16 17

*1. Solo*  
*p* *mp* *p*

*Solo*  
*p* *mp* *p*

*p*

*p*

*p*

*mp*

*p*

*Cue: String bass*  
*p*

*Pizz.*

Picc.

Fl.

1  
2

Ob.

Cl.  
in B $\flat$ 1  
2  
3B. Cl.  
in B $\flat$ 

Bsn.

A. Sax.  
in E $\flat$ 1  
2T. Sax.  
in B $\flat$ Bar. Sax.  
in E $\flat$ Tpt. in B $\flat$ 1  
2  
3

Horn 1-2

Horn 3-4

Tbn.

1  
2  
3

Euph.

Tuba

Bass

Mall.  
Perc.

Timp.

Perc.

1  
2

Picc. 1 2  
 Fl. 1 2  
 Ob.  
 Cl. in B $\flat$  1 2 3  
 B. Cl. in B $\flat$   
 Bsn.  
 A. Sax. in E $\flat$  1 2  
 T. Sax. in B $\flat$   
 Bar. Sax. in E $\flat$   
 Tpt. in B $\flat$  1 2 3  
 Horn 1-2  
 Horn 3-4  
 Tbn. 1 2 3  
 Euph.  
 Tuba  
 Bass  
 Mall. Perc.  
 Timp.  
 Perc. 1 2

Musical score for measures 24 to 30. The score includes parts for Piccolo, Flute, Oboe, Clarinet in B $\flat$ , Bass Clarinet in B $\flat$ , Bassoon, Alto Saxophone in E $\flat$ , Tenor Saxophone in B $\flat$ , Baritone Saxophone in E $\flat$ , Trumpet in B $\flat$ , Horns 1-2, Horns 3-4, Trombones 1-3, Euphonium, Tuba, Bass, Mallet Percussion, Timpani, and Percussion. The score features various dynamics (mp, mf, p, f) and articulations (rit., a2). A large red watermark "For on-screen use only" is overlaid diagonally across the page.

31 *a tempo*

Picc.

Fl.

Ob.

Cl.  
in BbB. Cl.  
in Bb

Bsn.

A. Sax.  
in EbT. Sax.  
in BbBar. Sax.  
in Eb

Tpt. in Bb

Horn 1-2

Horn 3-4

Tbn.

Euph.

Tuba

Bass

Mall.  
Perc.

Timp.

Perc.

SPS54F

31

32

33

34

35

36

37



*rall.* *a tempo* 9

Picc.

Fl. 1 2

Ob.

Cl. in B $\flat$  1 2 3

B. Cl. in B $\flat$

Bsn.

A. Sax. in E $\flat$  1 2

T. Sax. in B $\flat$

Bar. Sax. in E $\flat$

Tpt. in B $\flat$  1 2 3

Horn 1-2

Horn 3-4

Tbn. 1 2 3

Euph.

Tuba

Bass

Mall. Perc.

Timp.

Perc. 1 2

*mp* *mf* *a2* *(a2)* *(Arco)* *Sus. Cym.* *+Cr. Cym.*

43

SPS54F 38 39 40 41 42 43 44

**Picc.**  
**Fl.** 1 2  
**Ob.** 2. div. a2  
**Cl. in B♭** 1 2 3  
**B. Cl. in B♭**  
**Bsn.**  
**A. Sax. in E♭** 1 2  
**T. Sax. in B♭**  
**Bar. Sax. in E♭**  
**Tpt. in B♭** 1 2 3  
**Horn 1-2**  
**Horn 3-4**  
**Tbn.** 1 2 3  
**Euph.**  
**Tuba**  
**Bass**  
**Mall. Perc.**  
**Timp.**  
**Perc.** 1 2

Musical score for measures 45 to 51. The score includes parts for Piccolo, Flute, Oboe, Clarinet in B♭, Bass Clarinet in B♭, Bassoon, Alto Saxophone in E♭, Tenor Saxophone in B♭, Baritone Saxophone in E♭, Trumpet in B♭, Horn 1-2, Horn 3-4, Trombone, Euphonium, Tuba, Bass, Mallet Percussion, and Timpani. The key signature is B♭ major (two flats). The tempo changes from *rit.* to *a tempo* at measure 49, with a tempo marking of ♩ = 63. Dynamics include *f* (forte), *mp* (mezzo-piano), *espress.* (espressivo), and *mf* (mezzo-forte). Performance markings include *div.* (divisi) and *a2* (second octave).

SPS54F 45 46 47 48 49 50 51

Picc.

Fl. 1 2

Ob.

Cl. in B $\flat$  1 2 3

B. Cl. in B $\flat$

Bsn. *mf mp*

A. Sax. in E $\flat$  1 2

T. Sax. in B $\flat$

Bar. Sax. in E $\flat$

Tpt. in B $\flat$  1 2 3

Horn 1-2

Horn 3-4 *mp mf*

Tbn. 1 2 3

Euph.

Tuba *mf* div.

Bass *mf*

Mall. Perc.

Timp.

Perc. 1 2

SPS54F 52 53 54 55 56 57 58

12 Picc.

Fl. 1 2

Ob.

Cl. in B $\flat$  1 2 3

B. Cl. in B $\flat$

Bsn.

A. Sax. in E $\flat$  1 2

T. Sax. in B $\flat$

Bar. Sax. in E $\flat$

Tpt. in B $\flat$  1 2 3

Horn 1-2

Horn 3-4

Tbn. 1 2 3

Euph.

Tuba

Bass

Mall. Perc.

Timp.

Perc. 1 2

SPS54F

mp f mf

59 60 61 62 63 64 65

66 **Brightly** ♩. = 106

66 67 68 69 70 71 72

Picc.

Fl. 1 2

Ob.

Cl. in B $\flat$  1 2 3

B. Cl. in B $\flat$

Bsn.

A. Sax. in E $\flat$  1 2

T. Sax. in B $\flat$

Bar. Sax. in E $\flat$

Tpt. in B $\flat$  1 2 3

Horn 1-2

Horn 3-4

Tbn. 1 2 3

Euph.

Tuba

Bass

Mall. Perc.

Timp.

Perc. 1 2

SPS54F

73 74 75 76 77 78 79

*For on-screen use only*

*79*

*a2*

*f*

*mf*

**Picc.**  
**Fl.** 1 2  
**Ob.**  
**Cl. in B $\flat$**  1 2 3  
**B. Cl. in B $\flat$**   
**Bsn.**  
**A. Sax. in E $\flat$**  1 2  
**T. Sax. in B $\flat$**   
**Bar. Sax. in E $\flat$**   
**Tpt. in B $\flat$**  1 2 3  
**Horn 1-2**  
**Horn 3-4**  
**Tbn.** 1 2 3  
**Euph.**  
**Tuba**  
**Bass**  
**Mall. Perc.**  
**Timp.**  
**Perc.** 1 2

Musical score for measures 80 through 86. The score includes parts for Piccolo, Flutes (1 and 2), Oboe, Clarinets in B $\flat$  (1, 2, and 3), Bass Clarinet in B $\flat$ , Bassoon, Alto Saxophone in E $\flat$  (1 and 2), Tenor Saxophone in B $\flat$ , Baritone Saxophone in E $\flat$ , Trumpets in B $\flat$  (1, 2, and 3), Horns 1-2, Horns 3-4, Trombones (1, 2, and 3), Euphonium, Tuba, Bass, Mallet Percussion, Timpani, and Percussion (1 and 2). The key signature is B $\flat$  major (two flats). The time signature is 4/4. The score features various musical notations including eighth notes, quarter notes, half notes, and rests. A large red watermark "For Sample Use Only" is overlaid diagonally across the page.

80 81 82 83 84 85 86



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101

Picc. *mf*

Fl. 1 *mf*

2 *mf*

Ob. *mf*

Cl. in B $\flat$  1 *mf*

2 *mf*

3 *mf*

B. Cl. in B $\flat$  *mf*

Bsn. *mf*

A. Sax. in E $\flat$  1 *mf*

2 *mf*

T. Sax. in B $\flat$  *mf*

Bar. Sax. in E $\flat$  *mf*

101

Tpt. in B $\flat$  1

2

3

Horn 1-2 (a2)

Horn 3-4 (a2)

Tbn. 1 *mf*

2 *mf*

3 *mf*

Euph. *mf*

Tuba *mf*

Bass *mf* Pizz. *mf* Arco Pizz. *mf* Arco

Mall. Perc. *mf*

Timp.

Perc. 1

2

SPS54F 101 102 103 104 105 106 107

111 19

Picc.

Fl. 1 2

Ob.

Cl. 1 in B $\flat$  2 3

B. Cl. in B $\flat$

Bsn.

A. Sax. 1 in E $\flat$  2

T. Sax. in B $\flat$

Bar. Sax. in E $\flat$

Tpt. in B $\flat$  1 2 3

Horn 1-2

Horn 3-4

Tbn. 1 2 3

Euph.

Tuba

Bass

Mall. Perc.

Timp.

Perc. 1 2

108 109 110 111 112 113 114

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On Side of Drum Shell

SPS54F

SPS54F

Picc.

Fl. 1 2

Ob.

Cl. in B $\flat$  1 2 3

B. Cl. in B $\flat$

Bsn.

A. Sax. in E $\flat$  1 2

T. Sax. in B $\flat$

Bar. Sax. in E $\flat$

Tpt. in B $\flat$  1 2 3

Horn 1-2

Horn 3-4

Tbn. 1 2 3

Euph.

Tuba

Bass

Mall. Perc.

Timp.

Perc. 1 2

SPS54F

136 137 138 139 140 141 142

SPS54F



Picc.

Fl. 1 2

Ob.

Cl. in B $\flat$  1 2 3

B. Cl. in B $\flat$

Bsn.

A. Sax. in E $\flat$  1 2

T. Sax. in B $\flat$

Bar. Sax. in E $\flat$

Tpt. in B $\flat$  1 2 3

Horn 1-2

Horn 3-4

Tbn. 1 2 3

Euph.

Tuba

Bass

Mall. Perc.

Timp.

Perc. 1 2

150 151 152 153 154 155 156

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SPS54F

Picc.  
 Fl. 1 2  
 Ob.  
 Cl. 1 in Bb  
 2 3  
 B. Cl. in Bb  
 Bsn.  
 A. Sax. 1 in Eb  
 2  
 T. Sax. in Bb  
 Bar. Sax. in Eb  
 Tpt. in Bb 1 2 3  
 Horn 1-2  
 Horn 3-4  
 Tbn. 1 2 3  
 Euph.  
 Tuba  
 Bass  
 Mall. Perc.  
 Timp.  
 Perc. 1 2

Musical score for page 27, measures 164-170. The score includes parts for Piccolo, Flute 1 & 2, Oboe, Clarinet 1 in Bb (2 & 3), Bass Clarinet in Bb, Bassoon, Alto Saxophone 1 in Eb (2), Tenor Saxophone in Bb, Baritone Saxophone in Eb, Trumpet in Bb (1 & 2 & 3), Horn 1-2, Horn 3-4, Trombone (1 & 2 & 3), Euphonium, Tuba, Bass, Mallet Percussion, Timpani, and Percussion (1 & 2). The key signature is Bb major (two flats). The tempo is marked *mf* (mezzo-forte). The percussion parts include a rhythmic pattern of eighth notes with accents. The woodwind and brass parts feature various melodic lines, some with articulation marks like *a2* (accents) and *mf* (mezzo-forte).

SPS54F 164 165 166 167 168 169 170

SPS54F

Picc. 1  
 Fl. 2  
 Ob. 3  
 Cl. in Bb 1  
 B. Cl. in Bb 2  
 Bsn. 3  
 A. Sax. in Eb 1  
 T. Sax. in Bb 2  
 Bar. Sax. in Eb 3  
 Tpt. in Bb 1  
 Horn 1-2 2  
 Horn 3-4 3  
 Tbn. 1  
 Euph. 2  
 Tuba 3  
 Bass 4  
 Mall. Perc. 5  
 Timp. 6  
 Perc. 1  
 SPS54F 2

184 *a tempo*  
 Espress. Broadly

29

178 179 180 181 182 183 184

Picc. *rall.* *a tempo*  
 Fl. 1 2  
 Ob. *espress.*  
 Cl. in Bb 1 2 3  
 B. Cl. in Bb  
 Bsn.  
 A. Sax. in Eb 1 2  
 T. Sax. in Bb  
 Bar. Sax. in Eb  
 Tpt. in Bb 1 2 3 *rall.* *a tempo* *espress.*  
 Horn 1-2 *mf*  
 Horn 3-4 *mf*  
 Tbn. 1 2 3 *mf* *a2*  
 Euph. *mf*  
 Tuba *mf*  
 Bass *mf*  
 Mall. Perc.  
 Timp. *mf*  
 Perc. 1 2 *mf*

185 186 187 188 189 190 191

31

Hold Back

Picc.

Fl.

Ob.

Cl. in B $\flat$

B. Cl. in B $\flat$

Bsn.

A. Sax. in E $\flat$

T. Sax. in B $\flat$

Bar. Sax. in E $\flat$

Tpt. in B $\flat$

Horn 1-2

Horn 3-4

Tbn.

Euph.

Tuba

Bass

Mall. Perc.

Timp.

Perc.

SPS54F

192 193 194 195 196 197 198

